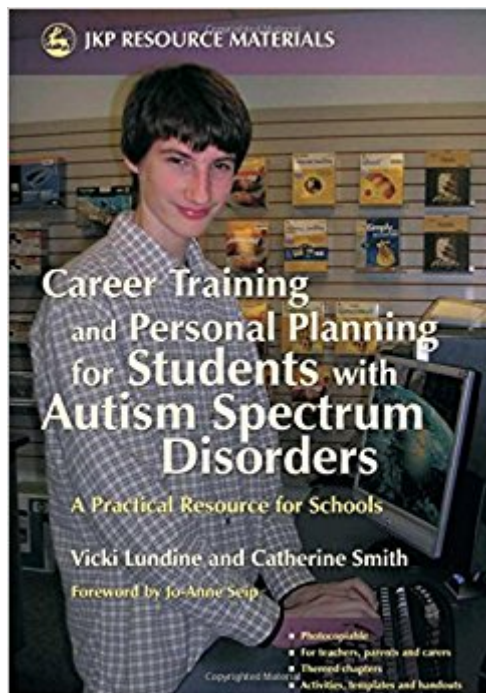


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# Career Training And Personal Planning For Students With Autism Spectrum Disorders: A Practical Resource For Schools



## Synopsis

This training program for teachers and carers assesses ASD students' strengths and abilities, fears and challenges and helps them acquire the skills necessary for a smooth transition from school to employment. The authors give guidance on developing life skills for employability and independent living, for example, hygiene, time and money management, communication skills, decision-making and setting and achieving realistic goals. They also clearly define the role of parents, job coaches and employers and stress that students are empowered by appropriate support from collaborative, informed teams. The career program enables students to find out about and explore career options, know how and where to search for a job and how to understand job advertisements. The sections on career preparation include strategies for writing resumes, filling in application forms, compiling career portfolios and conduct at interviews. The authors also cover topics such as punctuality and appropriate behavior in the workplace itself. This practical teaching resource is packed with lesson plans, implementation procedures, interactive activities and photocopiable worksheets, and the course can be taught over one year or three years.

## Book Information

Paperback: 192 pages

Publisher: Jessica Kingsley Pub (February 2, 2009)

Language: English

ISBN-10: 1843104407

ISBN-13: 978-1843104407

Product Dimensions: 8.3 x 0.4 x 11.7 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

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## Customer Reviews

A solid set of group and class activities aimed at helping those who suffer from ASD, and incorporating practical work-related and self-awareness issues. -- Newscheck Dealing with the barriers to employment for young disabled people shows how important career planning is. Lundine and Smith provide a work experience curriculum for students with autistic spectrum disorders and

offer a range of topics for discussion and work, including self-awareness, decision-making and career awareness. Each chapter provides the basis for a logical scheme of work with suggestions for activities and photocopiable resources. There is also guidance on supporting students to construct a portfolio of their work experience... this is a good pack which covers more than just compiling a CV and writing a covering letter. -- Community Care This book provides teachers and parents with a detailed and clearly set out plan to complete in order to ensure that a student with an autistic spectrum disorder (ASD) is as well prepared for job opportunities (ASD) is as well prepared for job opportunities as they can possibly be. This book is easily read, easily understood and easily applied and a great new resource that is a must for those involved in preparing our students with ASD for the adult world. -- Good Autism Practice This book was designed as an instructional tool that can be used by teachers and parents who work with people with autism spectrum disorders (ASD) and other developmental disabilities. It presents a work experience curriculum geared towards equipping the person with ASD with the knowledge, skills and attitudes necessary for successful employment. It provides helpful strategies for teaching specific skills, as well as discussion points for topics such as goal setting and responding appropriately to praise and criticism. The eight chapters of the book are sequenced in a systematic logical way. The reproducible worksheets, checklists and charts are clear and well set out. Useful resources, such as books and websites, are identified at the end of the book. -- British Journal of Occupational Therapy

Vicki Lundine is the District Career Facilitator for the Campbell River School District and a valued member of the Career Education Society of British Columbia, Canada. Catherine Smith is an Educational and Behavioral Consultant for the Provincial Outreach Program for Autism and Related Disorders in British Columbia, Canada. She has 30 years experience working with elementary and high school students, including students with autism spectrum disorders.

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